

Enrollment No: \_\_\_\_\_ Exam Seat No: \_\_\_\_\_

# C. U. SHAH UNIVERSITY

## Winter Examination-2022

**Subject Name: Mental Health Nursing**

**Subject Code: 4NS03MHN1**

**Branch: B.Sc. (Nursing)**

**Year: 3**

**Date: 27/09/2022**

**Time: 11:00 To 02:00**

**Marks: 75**

Instructions:

- (1) Use of Programmable calculator & any other electronic instrument is prohibited.
  - (2) Instructions written on main answer book are strictly to be obeyed.
  - (3) Draw neat diagrams and figures (if necessary) at right places.
  - (4) Assume suitable data if needed.
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### SECTION – I (38 Marks)

Q-1 (10)

- a. Enlist indicators and characteristics of Mentally Healthy Person.
- b. Explain function and model of Self-Help Groups.

Q-2 (9)

- a. Explain in detail about National Mental Health Policy.

OR

- b. Describe Psychiatric Rehabilitation. (9)

Q-3 Write short notes on any three: (3 X 3= 9)

- a. Multidisciplinary Team.
- b. Baby Blues.
- c. Maslow's Hierarchy of needs.
- d. Kubler Ross's Theories of Grief.
- e. General Principal of Mental Health Nursing.

Q-4 Attempt the following: (1 X 10 =10)

1. Which of the following is the main neurotransmitter involved in causation of schizophrenia?
  - a. GABA
  - b. Dopamine
  - c. Serotonin
  - d. Acetylcholine



2. Identifying the patients' problem is the part of :
  - a. Implementation
  - b. Planning
  - c. Diagnosis
  - d. Assessment
3. During interview \_\_\_\_\_ is used.
  - a. Critical Questions
  - b. Derogatory Questions
  - c. Open Ended Questions
  - d. Close Ended Questions
4. Relaxation Therapies include all accept:
  - a. Catharsis
  - b. Meditation
  - c. Deep Breathing Exercise
  - d. Yoga
5. Which of the following is positive symptom of Schizophrenia?
  - a. Delusion
  - b. Apathy
  - c. Ambivalence
  - d. Irritability
6. When Patient is in state of Rapture he is in .
  - a. Ecstasy
  - b. Euphoria
  - c. Elation
  - d. Exaltation
7. Fear of height is:
  - a. Claustrophobia
  - b. Agoraphobia
  - c. Acrophobia
  - d. Gamophobia
8. Which of the following is anticraving drug?
  - a. Diazepam
  - b. Diclofinac sodium
  - c. Disulpharam
  - d. Digitalis
9. Sleep Walking is also known as
  - a. Somniloquy
  - b. Enuresis
  - c. Somnambulism
  - d. Seizures
10. Which of the following is an acute organic psychiatric disorder?
  - a. Dementia
  - b. Delirium



- c. Amnesic Disorder
- d. Organic mood disorder

**SECTION – II (37 Marks)**

Q-5 (10)

- a. Explain Lithium in detail.
- b. Write a short note on ECT

Q-6 (8)

- a. Enlist Psychoanalytic therapies and explain any two in detail.

OR

- b. Explain Schizophrenia in detail. (8)

Q-7 Write short notes on any three: (3 X 3= 9)

- a. Nursing management of patient with depression.
- b. Cyclothymia .
- c. OCD
- d. Nursing management of patient with Alcohol abuse.
- e. ADHD

Q-8 Define the following: (2x5=10)

- a. Dementia
- b. Suicide
- c. Crisis
- d. M'Naughten rule
- e. Menopausal Syndrome

